

Counselling Studies

The Counselling Studies Department at NIST offers degrees in Master of Divinity, Master of Arts, and Higher Diploma. Higher Diploma In the Higher Diploma Counselling Studies concentration, the student is required to take the following counselling courses in addition to other core courses in Bible and Theology: CS 401 Counselling Foundations and Theories CS 402 Basic Counselling Techniques CS 403 Human Psychology CS 404 Substance Abuse CS 405 Resolving Personal Conflicts CS 406 Basic Crisis Counselling CS 470 Vocational Internship CS 490 Research Project

Master of Arts Degree in Counselling Studies: The Counselling Studies Department in both the Master of Divinity and Master of Arts programmes is designed to equip students to be competent counselors from a biblical perspective within the current African context. From biblical and theological foundations, students learn biblical counselling philosophy, look at the distinctive of biblical counselling in relation to other counselling approaches and evaluate the usefulness and pitfalls of current counselling theories and practices. Students learn counselling approaches to various issues that affect society: child and adolescent counselling, marital and family counselling, and crisis counselling (including managing clients affected by suicide, HIV/AIDS, and those affected by civil conflict and strife). The intention is to produce counselors for Africa that are biblically sound, equipped with modern and classical counselling theories, culturally sensitive, and able to practically integrate theology and counselling within their communities. The Master of Arts program in Counselling Studies is a 62 credit two year program. In addition to Biblical and Theological courses, Thesis, and a Vocational Internship, Counselling students will be required to take the following courses:

CS 501 Counselling Foundations CS 502 Counselling Skills CS 503 Counselling Theories CS 504 Counselling Issues
 Personality Development Theories CS 506 Crisis and Conflict Resolution CS 507 Abnormal Psychology
 Child and Adolescent Counselling PS 500 Marriage and Family Other courses that may be offered include:
 and Professional Issues Assessment Procedures and Techniques Group Counselling Addictive Behavior
 Counselling

Students have the unique opportunity to learn counselling skills and techniques from a biblical perspective and with the backdrop of a multicultural setting. The student will be asked to integrate their knowledge in both the classroom and community settings.